



Our Little Feet Foundation

Helping new families take first steps

We exist because the early days and weeks following birth are critical to a parent's sense of stability, confidence, and hope.

Many families begin this period without access to basic necessities, often while living in shelters, fleeing unsafe circumstances, or navigating poverty and crisis without adequate support.

● **Our purpose is to change that story.**



Our Little Feet Foundation ensures that parents and newborns facing hardship receive essential support during the most vulnerable weeks of early life.

We deliver hand packaged, monthly care boxes to women's and children's shelters and programs supporting parents in crisis.

OUR CARE BOXES ARE FILLED WITH THE ESSENTIALS:

- Diapers
- Wipes
- Formula
- and Important Postpartum Supplies



THE AVERAGE NEWBORN REQUIRES



250-300
DIAPERS USED
PER MONTH



600-750
WIPES USED
PER MONTH



600-900
OZ OF FORMULA
USED PER MONTH



THE NUMBERS



More than 300 babies are born to under-housed mothers annually in Toronto.



More than 90% of families using emergency shelters in Ontario are headed by single women.



More than 1000 infants are living in emergency shelters across Toronto.

We are here to help new families take their first steps with confidence, support and care.

Every day, countless families—especially mothers and children—are forced to face the unimaginable: losing their homes, their sense of safety and their stability.

In these moments of crisis, they don't just need shelter—they need the right support, at the right time.

That's where Our Little Feet Foundation comes in. We adapt to the ever-changing needs of families in distress, ensuring that every donation becomes a lifeline.



YOUR DONATION COUNTS

\$200

SUPPORTS ONE FAMILY
FOR ONE FULL MONTH

\$1000

SUPPORTS ONE FAMILY
FOR FIVE MONTHS OR FIVE
FAMILIES FOR ONE MONTH EACH

\$5000

SUPPORTS TWO FAMILIES
FOR A YEAR OR 25 FAMILIES
FOR ONE MONTH EACH



No family should have to navigate their toughest times alone.

We are in this together, helping new families take first steps; we are **Our Little Feet Foundation**.

To learn more, please visit:
www.ourlittlefeet.com



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